
Oliver y Luda en Trofeo Sondodance

Publicado por Rober - 19-02-2007 11:22:19

El próximo día 4 de Marzo de 2007 se celebrará el III trofeo Sondodance en A Estrada (Pontevedra) donde se anuncia la posibilidad de contar con una exhibición de la pareja campeona del mundo de salsa Oliver Pineda y Luda Kroitor. Al finalizar la competición realizarán un taller gratuito para el público asistente.

Espero ampliaros la información en breve. También comentaros la posibilidad de que en la presente temporada se realice alguna competición de salsa dentro de alguna de las competiciones de baile deportivo programadas. Os mantendremos informados.

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Re:Oliver y Luda en Trofeo Sondodance

Publicado por Rober - 21-02-2007 13:19:51

El cartel: http://www.baileymusica.com/portal/components/com_joomlaboard/uploaded/images/salsa20072.jpg

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Re:Oliver y Luda en Trofeo Sondodance

Publicado por Perfil - 22-02-2007 14:05:19

Y aquí tenéis unos videos.

En el primero los podéis ver en una exhibición de salsa:

<http://www.youtube.com/watch?v=DAhH5kqISmk>

En este segundo mezcla de chacha y salsa se nota muchísimo su formación de baile de salón:

<http://www.youtube.com/watch?v=SSDoIQ0vvT0>

En este tercero los podemos ver en un campeonato del mundo que ganaron. Bailan On2.

<http://www.youtube.com/watch?v=0w84Xb9xCCg>

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Re:Oliver y Luda en Trofeo Sondodance

Publicado por Silvia - 23-02-2007 14:09:03

Y compitieron en baile de salón? :ohmy:

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Re:Oliver y Luda en Trofeo Sondodance

Publicado por Rober - 23-02-2007 14:57:17

Hombre, estando aquí en Galicia podríamos preguntarles a ellos.

Indagando un poco te cuento:

Luda Kroitor, bailando con Sasha Farber (que, por cierto, también baila muy bien salsa) quedó OCTAVA en el Mundial Youth IDSF Latinos del año 2000 de un total de 53 parejas a un paso de la final que fué de 7 parejas.

En Blackpool, en 2002 quedaron en el puesto 27 de 196 parejas. Como referencia, en aquella ocasión, la primera pareja española fueron Marc Abad y Marta Bellavista que se quedaron en 2ª ronda (del 83 al 126).

En el 2001 se pasan a PROFESIONALES y en el Open de EEUU de ese mismo año que ganaron Dmitri Timokhin y Anna Bezikova quedaron en el puesto 38 de un total de 75 parejas.

Luda participa también en el "Mira quién baila" australiano y estudia una carrera. La verdad es que no sé de dónde saca tiempo para tantas cosas.

Por lo que se refiere a Oliver, lleva bailando salsa con Luda más de 10 años, incluso cuando ella competía en latinos.

El también lo hizo durante 7 años en Baile Deportivo Latinos en Australia. Es un reconocido percusionista y, por lo visto un gran y reconocido profesor, aparte de cinturón negro de artes marciales.

Juntos han ganado varios campeonatos del mundo de salsa (IDO, Puerto Rico... hay tantos...)

En 2001 ganaron el campeonato del mundo IDO de salsa (recordemos que el IDO viene a ser como una "sucursal" de IDSF pero para bailes diferentes a los 10 de estilo internacional). A partir de ahí se fueron "comiendo" otros campeonatos "mundiales" sin el reconocimiento de una Asociación internacional pero que implícitamente son reconocidos internacionalmente.

Lo que es evidente es que su formación técnica influye mucho, y para los salseros que denigran el baile de salón puede ser una buena piedra de toque acerca de lo que deben explorar y me consta que ya están haciendo...

Por cierto, aquí tenéis también a Sasha Farber bailando con Nikky Webster, cantante australiana en el "Mira quien baila" australiano (hay una pequeña introducción previa).

<http://www.youtube.com/watch?v=Fj6X6Zzbp8o&mode=related&search=>

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Re: Oliver y Luda en Trofeo Sondodance

Publicado por carlos - 23-02-2007 18:52:59

Hola buscando por internet he encontrado esta foto de Oliver y Luda bailando salón

http://www.abc.net.au/strictlydancing/img/ep11/luda_oliver02.jpg.

;) http://www.baileymusica.com/portal/components/com_joomlaboard/uploaded/images/luda_oliver02.jpg

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6 Effortless Guidelines to help you Lose Weight with limited funds

Publicado por 9 Uncomplicated Solutions to Supercharge Your Rate of metabolism to Lose Weight by natural means - 03-05-2012 21:34:27

Fat reduction is among one of those actions that anybody would like. Apart from individuals the health or the display business enterprise, almost everyone aren't in good condition. Many people would like to lose weight and seeking the best way to lose weight quickly. This information will reduce some mild on weight loss and ways to undertake it successfully. clicking here Aerobic exercises not just can be useful for assistance with strengthening health but will be establishing mobility, cardio vascular health and muscle bound toughness. Work outs instruction include unique dance like routines, separated into unique numbers of complexness and high intensity. Several gyms at present present cardio exercise courses, taught by the accredited personal trainer to help those lose weight and look after a healthy body. Shoot for diet of only 1-2 lbs a week. Fat Reduction Get walks you in adopting the ideal diet in order to free weight. It assists in loosing weight of course and that too completely. Green tea herb, herbals, properly watered-along normal drinks and gleaming h2o are generally superior strategies to lose weight quickly, also they are superb hydrators too. Another excellent and really effortless method for you to lose weight speedy using drinking water comes from a modern deitaryAndlosing weight analysis. Teas lessens cholesterol, and has been technically verified, which often can only be healthy for you. There may be homework indicating that getting Green Tea reduces full cholesterol levels, and bettering the number of good trans fat (HDL) to negative (Bad) cholesterol. Walking costs nothing and will need any account payment to provide one of the best physical exercises you might have.

Individuals ought to confirm the elements to make certain the crucial part is P57 and is on the Hoodia Gordonii kinds. Another assortment will only start a placebo effect. Adjusted March 2008, there were no research on mankind to ascertain the effect of Hoodia gordonii. There have been some experiments on rodents with results. Some cannabis lower their food consumption to very similar to 1000 calories from fat each day in humankind. However, researchers inside analysis agree with the fact that its effortlessly separated inside lean meats and would create a big does in humankind to make a important effect. The pharmaceutical corporation, Pfizer, performed a survey on P57 and revealed that there have been some unnecessary components in P57 that might not often be taken off that would get away from side effects for the lean meats. Frequent Forms of HoodiaConsumers can discover Hoodia in a range of forms. Large

large advertising and marketing and popularity of the item has spawned the creation of away a lot of new releases. Although there are numerous methods eliminate your unwanted weight, I best regards imagine that you ought to exclusively use the best way to do it. So, consider some of the ideal ways to lose weight? Here, Let me present you with the most popular 5 techniques. There're: You should get an agenda for regular force-federal express and lunges. Perform particular pair of physical exercises to tone down every of the body. To create extra muscle tissue, have free weights in every side if you are lunges. In addition, when you are performing thrust-federal express, keep your returning and feet inside a directly line and have far better. This mixture of physical exercises will let you lose weight fast in one week. The amount of snooze is regarded ample? At least 8 time of sleep is regarded ample. Every single balanced nutrition has specific simple factors at its primary and you would probably do well to reflect upon these. To consume nicely genuinely does need which you use up a wide range of clean vegetables and fruit. These foods help your digestion process also an excellent source of nutritional fibre and filled with individuals minerals and vitamins important for the body to perform adequately. It's suggested you the miracles of water to eight choice-sort of glassed of water everyday. Eating anywhere near this much water will greatly assist to serving your body are the it needs to and it'll assistance with weight-loss.

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There Are A Number Of Methods For The Alcohol Addiction Treatment.

Publicado por Improving Studies of Prescription Drug Abuse - 06-05-2012 16:38:44

If a person or really like is battling alcohol addiction and are looking for alcohol rehab in Dallas Colorado, call Narconon Arrowhead. Narconon arrowhead is amongst the global greatest and most helpful inpatient drug recovery and schooling packages by using a success rate well over 70Percent of those that graduate student. Narconon Arrowhead offers free of charge addiction counselling, cost-free checks, and word-of-mouth on the people in Houston Texas. To find a Houston tx inpatient alcohol rehab or figure out more knowledge about drug abuse protection get in touch with Narconon by phoning 1-800-468-6933 or send us an email at . Read Full Article Throughout present treatment applications pertaining to medication junkies, there exists a considerate and also confirmed strategy that's applied The aspires will be to control expenses and reduce dangers

Information and facts that will help you to discover a reputable Drug Rehab Facility All Drug and alcohol rehab focuses have special objectives in different parts of the world. The primary goal is to stop a client from drug and alcohol. Drug Rehab On The Internet Services brings out this is of rehabilitate center would be to give therapy and addiction strategy to the drug and alcohol individuals. Could it be right that every recovery middle provide successful drug and alcohol rehab products and services? The answer is apparent that numerous drug and alcohol rehab middle happens to be as being a business foundation. Other kinds regarding remedy include the group meetings and also classroom sessions regarding the outcomes and also options for better living to prevent backslide Nevertheless the price of a few \$ 100 for that purchase of a couple of Q magnets that may very last the particular lifetime to the buyer gets monetarily workable and also technically appropriate That is why we have to an answer to them and now we may help these to get rid from your shackles with their addiction Yet it's uncertain that this cost you will pay out can easily captivate exactly how effective your own rehab final result ought to be One needs to discover the indications of a great enthusiast, in order to distinct these through the regular medication people

This sort of a remedy also involves diagnosis but only to the amount in which the restorative procedure needs. The basic benefit of signing up in the free of charge housing private drug rehab centre is that often you do not have to wait around for a long period previous to your remedy will begin, as is the situation with a variety of condition owned rehab locations. Further, these focuses come in the most peaceful area, so offering for top surrounding the place where a sufferer can heal himself. Not only this, numerous non-public centres are into the habit of smoking of carrying out publish therapies checks on the people to ensure that it doesn't resort to the practice of having drugs yet again.

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A Site Providing You With On-line Lending products While Offering Purchase Programs

Publicado por Hawaiian Personal Loan On the net-strategy for borrowing cash for low credit score - 06-05-2012 21:37:49

Progressed cutting edge risk-free technologies assures your personal information continues to be protected. Missouri and Illinois installment financial products are offered via USAWebCash. You could submit an application online, or phone 1-800-618-6576 and also be guided over the application process. As soon as the loan qualifies you cash will likely be

innovative for your requirements without delay - frequently within minutes. instant cash loans A fast cash loan is really a loan available in just a little bit of one's. Actually that can be found the cash you have to handle an element that happens right away. This is why individuals are starting to want the fast cash loans. After all when one thing goes terrible, we don't have always the cash around. It can be wonderful to acquire something similar to rapid cash loans to rear us up.

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The Many Benefits Of Acquiring A Payday Loan In Thinking about receiving

Publicado por Below-average Credit Attached Personal Loan - 07-05-2012 07:29:20

Whenever we go through the current studies into mind we look for that all-around 75Per-cent of the individuals bring in with regard to their salaries is bought rewarding the basic demands such as rent, travel, as well as other domestic expenses. The present fiscal circumstances where cost of living is frequently climbing is additionally characterized by timely aid. Another person's best if you utilize the sources, anybody can quickly fulfill their own everyday economical wants. You can do this as a result of quite a few elements since there is no scarcity of possibilities you can find. You'll find a good amount of of companies offering payday loans by way of example. instant payday loans The whole process of choosing loans is not rocket science and. It's much easier, more affordable and swifter methods of getting loans. Since the loans are available online, it is rather quick to find the loan accepted. Inside a short, you could purchase the loan accredited.

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No Credits Look at Payday Loans Hook Up Your Wants

Publicado por Payday Loans Uk Free Helpful Manual - 08-05-2012 05:06:54

Men and women make concerning Bucks to Usd1000s each day promoting clickbank . com products and solutions. Your capability to develop money using clickbank . com is determined by your ability to succeed in getting visitors or traffic for the a digital solution master's website. You can find a number of major aspects of developing internet businesses that must grow to be perfected so as to have got a completely functional on the internet earnings steady stream, and the are obviously produced in the PDF educational books from your procedure. payday loans uk Quick Loans - Sleek Finance Option For Limited Phrase Requirements Once you discover yourself to a smaller stage strapped for financing, temporary loans could possibly be the applicable respond to. Regardless of whether you want resources form of hosting or company characteristics you will comprehend it pretty basically. The necessary paperwork and granting method of those loans is exceedingly simple. Merely finish a basic application and discover your funds with your family savings by successive few hours.

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Shopping For A Payday Boost

Publicado por High Risk Unprotected Unsecured Loans - No Owner of a house and Below-average Credit Support - 12-05-2012 08:12:58

To obtain the process started it is possible to submit their internet site estimate sorts. But great and bad the net has fit a ton of information at handy tip attain, if resolve hire a roofer to aid make suggestions after getting carried out analysis. payday loans uk One time paid off on time the loan goes a good strategy in strengthening credit score also.

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Will It Be Authorized To Carry Out Two Payday Loans You Are Able To Credit-based Card

Publicado por Preventing Fast Loans For Any Laid-off - 12-05-2012 17:45:40

Short Term Loans Financial institutions- Advanced Financial Remedy For Uk Resident in town Each folks have their diverse fiscal problems and locating a least amount of resolution for every personal issue is not a simple task. If you are being experimented with from the each search but still trying to find far better economic answer to your best interests then the answers of your every last near future requirements is temporary loans loan provider that allows you to change all of your current trumps into results. These forms of payday loans are poorly valuable for all as they're granted possibility to everyone to see their short-run demands without using many hours. These advancements are provided to any or all the individuals all those want near future loans but discovering troubles to get them. Anybody by using gather sum from short term loans loan providers could complete fill up and please all of their requires. instant payday loans These finances can be bought in an exceptionally small choice of shape. But this scheme bears adequate money for

satisfying the family requirements or desires. This improve is to the individuals without the need of reviewing any credit rating list on the client. Fiscal persona matters not even though trying to get the money.

Thinking About Purchase A Payday Loan

Publicado por Near future loan sorts - How to satisfy your vital personal requirements - 13-05-2012 05:04:59

As an alternative to concerning excessive about the Interest rate you should look at simply how much the loan would actually set you back for your time that you might want it and workout for your self no matter if a Payday Loan On-line would be suitable and advantageous in your situation. To conclude, Payday loans have been a quick and easy strategy to get innovative cash ahead of someone begins their upcoming payday. There are great deal quite a few Payday financial institutions on the market who give on the web software for the tranquility of their clients in most cases they will give prompt selections for the approvals in addition, on geneva chamonix transfers which might be same day cash types. instant cash loans A personal loan is a that requires no guarantee or security for the loan. A fairly easy credit check required is performed and also your loan company should get in touch with along with give while using the several selections that will assist you to acquire a personal loan. Even include those with a less-than-perfect credit historical past can get a personal loan. Your lender will do the required credit score assessment and gives a variety of possibilities from which you'll want to decide on one that is best suited for your needs.

Personal Loan your Economic Crutch in Give up hope

Publicado por Move forward Payday Loans for Not working - 14-05-2012 01:44:01

Consent of such lending options is obviously the main cause for issue, on the other hand, apart from authorization there's another ingredient that we get off track of time for authorization. Although loans are our best economic comforter sets, any time of their consent is of great relevance. Often finest for the best loan as well as the most effective bank using the very best loan terms and conditions is useless only considering that the coppied capital also comes in past too far. In the end of how useful is a loan if it doesn't bring in your money in time? Create a wedding ceremony loan getting accredited after your wedding day or a Holiday loan finding approved way immediately after Holiday is irregular A great choice: Instant Conclusion Secured Car Loans. Fast Final decision Secured Car Finance are lending options which get accredited in a short time. instant cash loans Try to find for on line qualified guidance without any extra fees. Regardless of almost loan you are looking for, professionals will monitor throughout the UK market place and present you clear, separate and impartial cash loan assistance about which you'll want to bottom your selection regarding which kind of Low Credit Score Loans you desire to to get a. What exactly is your plan of expenditure? Will you be obtaining a loan to do dwelling refurbishments? Or perhaps an incredible trip? The expression of loan is determined with the loan amount of money you're stressful for. If it's a small loan sum you are looking for, then this short-run loan will be all you need.

Where To Get Immediate Payday Loans

Publicado por Get Back On Track Which Has A Payday Loan - 14-05-2012 12:10:05

Hence, although you may employ a bad credit report, you needn't worry much. You are able to nonetheless acquire the instant cash until payday loan. The one requirement is that you must match the minimum membership standards. In addition, you will be thankful to learn that it is not only people with a bad credit score that can avail these quick cash right until payday loans, but even when you have a great credit score, it is possible to still get take advantage of these loans. Actually, the payday loan loan companies have absolutely nothing regarding how bad or good your credit history is. They're going to only visit your earnings and job standing and based on you will be awarded a low cost loan until payday for any quantity which could array someplace from just fifty dollars to one thousand five hundred bucks. paydayloans Unsecured credit card Personal Loan - Desired Hard cash, Clear Of Any Assurance Do you think you're going through the circumstance of recession where you are not in times of satisfy your costs? Do you wish to take credit that is definitely without harassing risk? If this is all what you need then an likely choice for you is credit card signature loans. By making use of this financial service, the debtor can retrieve desired income, exempt from any make sure. You becoming a owner of a house or simply a actual is not delivered note. You can find a blessing for the extra bucks that's much like your settlement potential and financial stability. Someone can attain numerous of his functions, by utilizing this consumer credit guide. The borrower will pay your family and utility bills, might get residence mend jobs performed, can mail the care for a restoration job, will pay the instances of the charge card, can fulfill instructional and professional medical costs, can prepare a household get supper and many others. As much as unprotected signature loans are concerned, you'd probably get a amount of money that may be special. The amount of money creditors usually do not follow particles tool

diagnosis.

Tricks to Dwell Substance Abuse-No cost Living

Publicado por Prescription Drug Abuse Exactly What Is Unique About Pharmaceutical drug Drug Abuse Examining - 16-05-2012 09:37:07

One time drug abuse indications are accepted, anybody need to be straight away handled less than drug treatment plans. drug rehab centers in alabama 1 in 3 adolescents interviewed states there exists "nothing wrong" when working with medications "every once along with (sic) awhile
"Most cowboys tend to be truck drivers, and not all truckers are usually cowboys," Crimson replied

Office of Wellbeing & Individual Solutions, in excess of 22Percent of individuals living in Florida 12 yrs . old or mature have taken part in overindulge enjoying (5 or higher products in an special occasion) on at least day in the past four weeks. Also alarming is, though drug use have reduced in recent times, the abuse of alcohol among youngsters is a whole lot worse than ever. Which means a lot more behavior ought to be created to prevent alcohol addiction, specifically amid youths. In just 6 to 1 . 5 years of drinking, a young person could become carefully dependent on alcohol, though a mature can take 5 to fifteen numerous enjoying being an alcoholic. Having a complete recuperation application is crucial in conquering an addiction to alcohol. So don't light up!Our own atmosphere is actually polluted
We only don't know how to deal with your ex any longer
Besides the direct risks coming from the strong drugs themselves, there are other roundabout risks
There are a number regarding medication reduction and education programs functioning in America and also throughout the world
Alcohol and drugs detox center may be dual analysis concentrated

Drug And Alcohol Rehab To Handle Subconscious Drug Addiction You will discover kinds of drug and alcohol rehab plans that allow you to handle the subconscious results of drug addiction. The effects of drug abuse and addiction can be natural or psychological as well as each. Even so, anything its nature, this is a dimly lit and terrible predicament, in which the fan requires to recover from with the assistance of great addiction rehab courses. You may well be enslaved by medicines or banned prescriptions only one thing you'll want to be familiar with in this particular context is usually that stepping out of the vicious loop of addiction is often suitably straightforward or very tricky even, as this is an issue that depends on the thought alignment of your individual. The first points you will want to admit for trying to get drug and alcohol rehab is that you've a trouble you are disturbed with and lowering get healed of the addiction.
